



# “Fear & Loving: Where the Ocean Meets the Streets”

A 2-year blogstory by American writer Jarid Manos

If the oceans are dying,  
what happens when we *live*?

[JaridManos.com](http://JaridManos.com)

## Introduction

*Sometimes at night I'm sitting on the white silt bottom of the ocean some 50 or 60 feet deep, waaay deeper than I've ever gone; the blue water is dusky almost dark from the depth. My veins are racing; with my gut I tamp down a fear that could become feral. I can see nothing but the blue and black. And this beam or shaft of yellow sunlight impossibly penetrating all the way down yet lifting like the tail of a passing tornado. I can feel its force, its sidewall is pulling at me. I get caught — it pulls me up through the water to the glassy underbottom surface. And I always wake up before I hit. I imagine it shatters like glass, like water, and there is bright daylight...*



## About

### *Facing Our Fears in Deep Water*

*Fear & Loving: Where the Ocean Meets the Streets* is a new literary project by American writer Jarid Manos. This 2 year journey is free to the public and online at [JaridManos.com](http://JaridManos.com).

- Follows the author's track to becoming a skilled diver as a parallel exploration of why we are afraid to go deep in our own lives.
- At a time when the oceans are dying from overfishing, pollution, acidification and climate change, the sea levels are rising, and violence and chaos seem to abound, what does it mean to truly live?
- In the midst of many world problems, some people are reaching for higher levels of fitness and consciousness than ever before, and building their lives around service to others and the Earth. The plight – and health – of our beautiful coral reefs and the oceans around them is a perfect metaphor for our own lives in the 21st Century.
- Ocean writings currently tend to be scientific and biological, rather than allowing us to actually meet the awesome creatures and mysteries of the deep, while exploring the lore of our own fears and capacity to love.
- Chronicle of a Passing Era? In the teens of this new century, nobody knows whether coral reefs or even most life in the sea will be alive 100 years from now, or how much the seas themselves will rise creating new Atlantises around the world. *Fear & Loving* applies the author's unique blend of urban and natural world writing to inhabit moments in our time.
- *Fear & Loving* extends the human family into the wild ocean, thereby building relevancy with popular culture, and new caring and support. **Art heals and transforms, and builds public constituencies for protection and change!**
- More than just an expedition into the waters of Texas, Florida and Puerto Rico, *Fear & Loving* also travels through the human emotions and conditions of where we live right now, from anxiety, grief and depression to powerful new moments of health and exhilaration.



**“When I left the land, something bumped me in the water...”**

“I feel like I am  
living 300 years  
from now.”

— American writer and activist Jarid Manos



## About Jarid Manos

Literary Author • Green Leader • Vegan Athlete • Youth Worker • Health Advocate

- Internationally-recognized published author of *Ghetto Plainsman*, and the recipient of a \$34,500 literary award in 2011 by Arcus Foundation in New York City to mount the national “Sharing the Journey” tour.
- Founder & CEO of Great Plains Restoration Council and the programs Plains Youth InterACTION™, Restoration Not Incarceration™, and Your Health Outdoors™.
- Appointed to the Relevancy Committee of the National Park Service Advisory Board, Obama administration, which helped the Service find ways to better connect with racially diverse and urban communities.
- Contributor to the *Huffington Post*, and has appeared in the *New York Times*, *Dallas Morning News*, *Denver Post*, *Fort Worth Star-Telegram*, *USA Today*, *Smithsonian*, *Congressional Quarterly*, *Houston Chronicle*, *Albuquerque Journal*, *New York Nightly News*, *Grist*, *NBC-5*, among many others.
- Featured guest speaker at universities, jails, churches (and other places of faith), organizations, events, conferences, businesses, chambers of commerce, and schools nationwide.
- Currently completing *Her Blue Watered Streets: An American Novel*, a work of literary fiction that has been over five years in the making.

So come diving with us. We don't know where  
we'll ultimately end up, but let's #godeep.

[JaridManos.com](http://JaridManos.com)